

Official Publication of the Retired Employees of the City and County of San Francisco

NEWS & VIEWS

A MEMBERSHIP ORGANIZATION WORKING FOR ALL CITY RETIREES

July 12 Zoom Electronic General Membership Meeting



August 9 Zoom Electronic General Membership Meeting



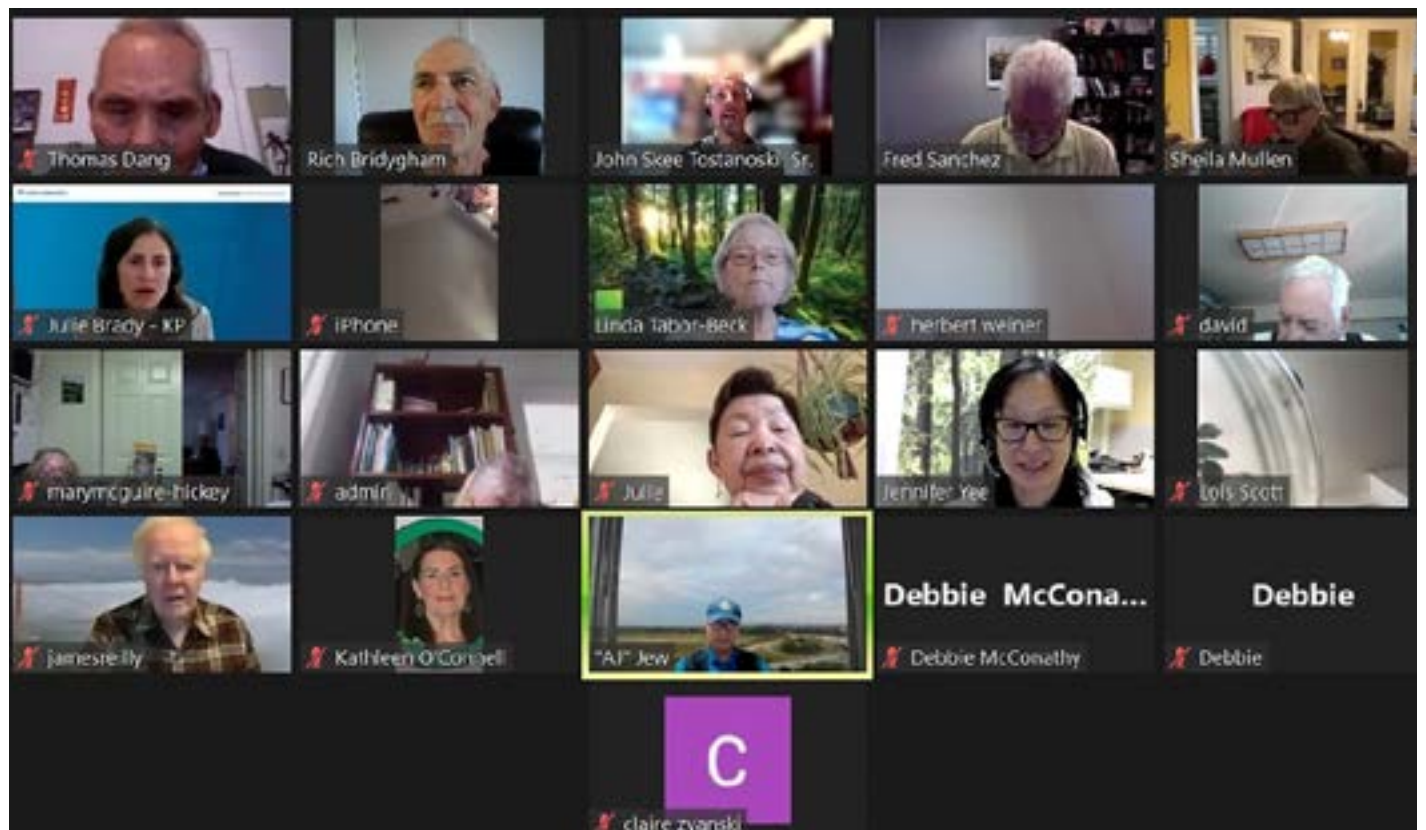
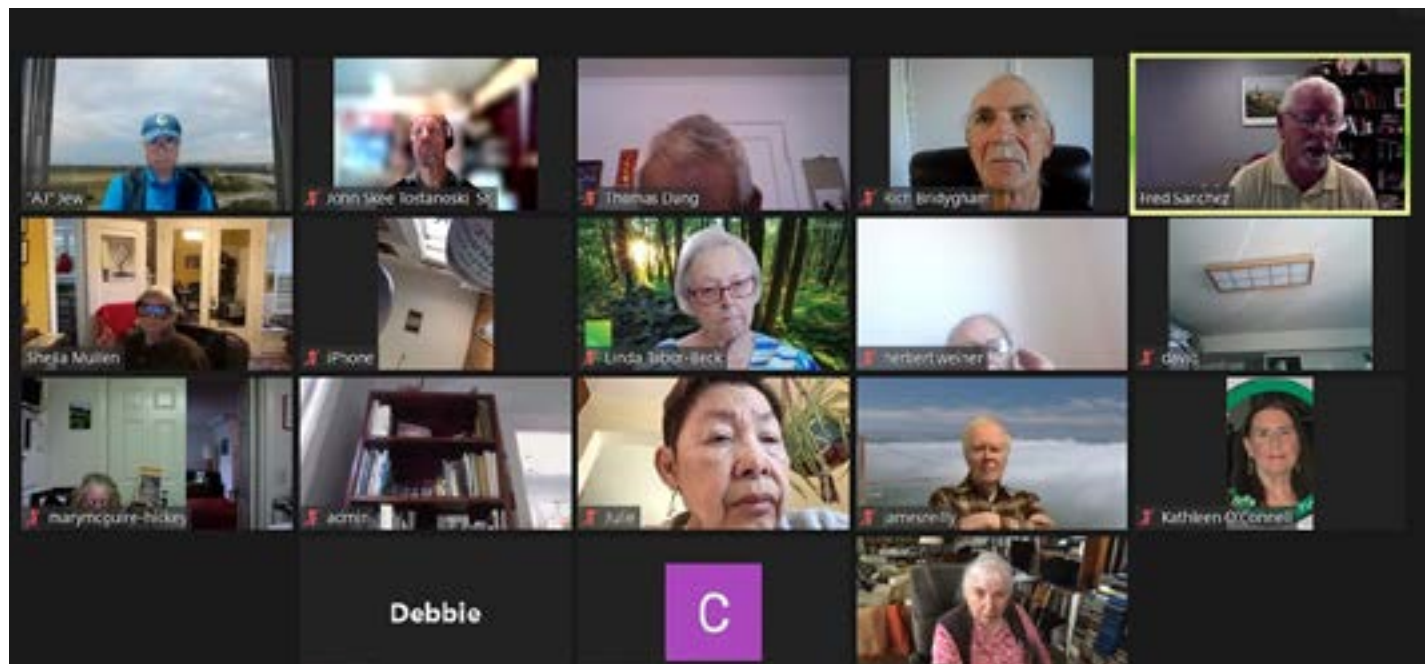
Julie Brady, PMP

Executive Retiree Solutions Manager, Kaiser Permanente conducted an informative and stimulating presentation on Brain Fitness.



more photos on page 2

Below is a sampling of RECCSF members in attendance at the RECCSF August 9 Zoom Electronic General Membership meeting.



August 15 Zoom Electronic Board Meeting Results.

- A motion to change from Wild Apricot to Neon One was seconded and approved by unanimous consent. (We must get RECCSF back on track!)
- A motion limiting spending on Neon One to \$2000 was seconded and approved by unanimous consent.

Abbreviated Financial Statement for RECCSF For the Seven Months ended July 31, 2023

Respectfully Submitted by John (Skee) Tostanoski, Treasurer

Revenue: \$ 10,356.00 Expenditures: \$11,830.90
Beginning Balance in checking account: \$9,288.38
Ending Balance in checking account: \$7813.92
Deficit for the period: (\$1,474.86)

RECCSF 2023 General Membership Meeting Dates Wednesdays at 10 a.m.

- September 13
- October 11
- November 8
- December 13

All Regularly Scheduled September Meetings

RECCSF

(For the immediate future, RECCSF will be communicating with members through *News & Views* and regular "e-mail blasts." Stay safe!)

Zoom Electronic meetings

(Members welcome to attend:
Contact: sfskee1@gmail.com.)

General Membership Meeting

Wednesday, September 13, 10 a.m.

Program Committee

Monday, September 4, 1 p.m.

Editorial Committee

Monday, September 18, 10 a.m.

Executive Board

Tuesday, September 19, 10 a.m.

Membership Committee

Wednesday, September 27, 11 a.m.

Frugal Few Committee

Friday, September 15, 11 a.m.

Retirement System

Health Service System

sfgov.org and SFGOVTV.

Public

(The following listed entities are individually choosing communication methods with their members.)

Retired Fire Fighters and

Spouses Association

Thursday, September 21.

Time to be announced.

UESF Retired Division

Contact: Rudi Faltus

1 (415) 956-8373 or

Uesfrd01@gmail.com.

SEIU 1021 West Bay Retirees Chapter

Contact: David Williams

(Zoom meetings)

iamdhw@comcast.net

or 1 (415) 939-5149.

Useful Contact Information

RECCSF Office

Email: reccsf@att.net

Website: sfretirees.org

Phone Number:

1 (415) 681-5949

S.F. Retirement System

Website: sfgov.org/sfers

Phone Numbers:

1 (415) 487-7000

1 (888) 849-0777

Health Service System

Website: sfhss.org

Phone Numbers:

Member services:

1 (628) 652-4700

Employee Assistance:

1 (628) 652-4600 (24/7)

Toll-free: 1 (800) 541-2266

Fax: 1 (628) 652-4701

Benefits: sfhss.org/benefits/retirees

Health Service Quick Links

Blue Shield HMO Plans

<https://sfhss.org/access-hmo-blue-shield-california>

Kaiser Permanente HMO

<https://sfhss.org/kaiser-permanente-hmo>

City Plan & City Plan 20 PPO

<https://sfhss.org/unitedhealthcare-ppo-city-plan>

UHC Medicare Advantage PPO

<https://sfhss.org/uhc-medicare-advantage-ppo>

Dental and Vision:

Delta Dental

<https://sfhss.org/delta-dental-ppo>

UnitedHealthcare Dental

<https://sfhss.org/unitedhealthcare-dental-dhmo>

DeltaCare USA

<https://sfhss.org/deltacare-usa-dhmo>

VSP Vision

<https://sfhss.org/vsp-vision-plans>

RECCSF Officers

Adlai "A.J." Jew
President
First Vice President
Vacant

David Williams,
Second Vice President
Bonnie Bompert,
Secretary

John "Skee" Tostanoski,
Treasurer
Leo Martinez,
Sergeant-at-arms

Board Members

Sue Blomberg
Richard Bridygham
Carol Cochran
Thomas Dang
Ed "Rusty" Jepson
Ann Killebrew

David Leeds
Stephanie M. Lyons
Ray Mason
Mary Anne McGuire-Hickey
Sheila Mullen
Tim O'Brien

Linda Tabor-Beck
Jean S. Thomas
John "Skee" Tostanoski
Herbert Weiner
Claire Zvanski

President's Message

By Adlai "A.J." Jew

September has arrived, the start of the autumn season. I hope that all our members are well and have enjoyed their summer vacations (although I know that as retirees we're on vacation every day).

Thanks to the Program Committee for continuing to schedule speakers that present topics of interest to our members; and special thanks to Rich Bridygham for scheduling many of those speakers.

Our Membership Committee will continue to plan for some in-person gatherings at convenient locations for members desiring increased social contact with other members. Some of our Executive Committee members have already met for an enjoyable get-together breakfast at the Tennessee Grill in San Francisco.

Thanks also go to Linda Tabor-Beck, Frugal Few

Committee chair, for arranging for various software providers to demonstrate to the committee some alternate solutions to our current provider, Wild Apricot. The committee will select a preferred provider and make a recommendation to the RECCSF Executive Board for a final decision.



Looks like new and exciting developments will be arriving soon. Let's make September a special memorable period!



RECCSF 2023 HOLIDAY PARTY SURVEY

Hello Fellow RECCSF Members,

The RECCSF Program Committee is taking a survey to determine if an 'In-Person' luncheon is feasible for our Wednesday, December 13th, 2023 General Membership Meeting. Please send your response to:

RECCSFSURVEY2023@yahoo.com

1. Do you want to have an 'In-Person' meeting/ luncheon?
Yes No
2. Would you be willing to attend the luncheon at the Basque Cultural Center located at 599 Railroad Blvd. SSF?
Yes No
3. The cost per person would be between \$30-\$35 for a meal and the use of a room. Would this be acceptable?
Yes No

Requirements:

We need to have a minimum of 25 people with a confirmed RSVP by Nov. 13, 2023 in order to reserve the room; otherwise it would be random seating without a room.

Thank you in advance for taking the time to respond to this survey. I will be sending out a second survey as we approach the November date to verify the number of attendees.

ATM Safety Tips

From your friends at San Francisco Federal Credit Union

Using an ATM is a convenient way to access cash from your account. Keep in mind that there are techniques that you can utilize to help make ATM use safer.

- Always keep your ATM card with you instead of storing it elsewhere (such as in a desk or on a table).
- Use an ATM at a familiar location. If this isn't an option, try to choose a machine in a well-lit area not obscured by trees, bushes, or other objects that could be hid behind by a thief.
- When possible, try to make ATM transactions with a family member or friend.
- Survey the ATM surroundings. If someone nearby doesn't seem to have a purpose for being there, it might be in your best interest to locate a different ATM.
- After you've withdrawn your funds, survey your surroundings again. If anyone is following you, head to the nearest populated location, and then take out your phone and call the police.

Following these steps may help you feel less concerned about using an ATM to access cash, knowing that you've taken the necessary precautions to secure yourself and your identity.

This article is courtesy of San Francisco Federal Credit Union, with branches in San Francisco and San Mateo counties. For more information on our products and services, call 1 (415)775-5377, stop by one of our branches, or visit www.SanFranciscoFCU.com.

MEMBERS CONNECT



Board member Thomas Dang and his wife on vacation at Niagara Falls.



RECCSF Superheroes!

By Linda Tabor-Beck, chair
The Frugal Few Committee

No, this is not an ad for *Marvel* or *DC* comics; rather, it is a search for some “*superheroes*” within the ranks of RECCSF. Let me explain: Because of unexpected events, The Frugal Few Committee is skipping our next biannual Wishful Wednesday appeal scheduled for September, 2023 so that we can focus on the current issues involving our RECCSF office; and only the office—no appeals for raffle support or anything else.

The issues for which we are asking for any donation you can afford (*Let us know if you wish to remain anonymous*) include the following:

- upgrading the database program we use for record keeping, sending emails, etc. (*will save us money in the future*);
- onetime expenses necessary to transfer to the new program, \$1500;
- new light fixtures, \$210 + \$60 for new switches;
- minor electrical work, (donated by our first “superhero”—(Mr. Anonymous!);
- new bathroom fixtures, \$299;
- printer supplies (which may include a new printer), \$?;
- carpet replacement, \$420, estimated labor, \$700; and

- installing a smoke/carbon monoxide detector, \$45.

Before you ask, I, too, thought that many of these upgrades were issues within the realm of owner responsibility, but have now confirmed that they are **all** our responsibility.

Therefore, we are searching for more RECCSF “*superheroes*” to help us meet these specific needs. (*Any excess that your generosity might provide will be used to meet utility, refuse, and rent costs.*)

As usual, your options are the same two as before, as follows:

- Your first option is to mail your checks to our office at 3915 Irving St., San Francisco, CA 94122. **Please remember to write “donation” in the memo line!**; and
- your second option is to use Zelle sent to lindareccsf@gmail.com with the notation of “donation.” (My Zelle account has a direct link to RECCSF’s checking account, and I shall immediately transfer any donations received; nothing will be retained for raffle support.)

Of course, if you’re sending funds for your *participation* in the raffle, please make the notation of “*raffle entry*.”

I want to take this opportunity to thank you not only in advance, but for all of you who have responded to our requests for financial support in the past. You have genuinely helped us in a major way, and words are inadequate to express our gratitude!

RECCSF Zoom Electronic General Membership Meetings

September 13, 10 a.m.

Russell Rawlings

California Education Organizer

Hand in Hand: The Domestic Employers Network

News & Views

September 2023

Volume 124, Number 7

Sheila Mullen, Editor

Office: 1 (415) 681-5949

Office email: reccsf@att.net

Zoom Electronic

Executive Board Meeting

All in-person board meetings cancelled until further notice. Your RECCSF Executive Board is meeting by Zoom for the foreseeable future.

The next Executive Board meeting will be held on Tuesday, September 19, at 10 a.m.

Note to members:

Please keep RECCSF updated with changes in address, phone number and email.

News & Views

October 2023 Deadline:

☛ Friday, September 15, 5:30 p.m.

Please email your submissions to:
sheilamullen@me.com.

Letters to the editor and opinion pieces are welcome.
All submissions subject to further editing.

Visit our website:

sfretirees.org

**RECCSF office
email:**

reccsf@att.net

3915 Irving St.,
San Francisco, CA 94122

Membership and Subscriptions

for retired city employees

Membership application: www.sfretirees.org; email: reccsf@att.net.

Active city employees within five years of retirement are eligible to join RECCSF.

- **\$68, annual**
- **\$600, lifetime** (payable over four months in four payments of \$150 per month, or annually over four years in increments of \$150 per year)
- Members without computer access should contact the RECCSF office at 1 (415) 681-5949.

News & Views is the publication of the Retired Employees of the City & County of San Francisco, Inc., a nonprofit organization. *News & Views* is published to express the policies, ideals and accomplishments of the organization. Nothing shall be published herein that is racist, sexist or ageist, or that is derogatory toward religious beliefs and other personal issues; nor shall be published anything in violation of Article VII, Section 1 of the RECCSF constitution. Editorial contributions from individuals, organizations and groups other than RECCSF and its members may be included in *News & Views* only upon the approval of the Editorial Committee.

Submissions to *News & Views* are solicited and encouraged.

Submit in Word document to: sheilamullen@me.com.



I want to know!

Join

RECCSF

Retired Employees of the City and County of San Francisco

